



EXPERIENCES

AUTHENTIC ADVENTURES, THE MAROMA WAY



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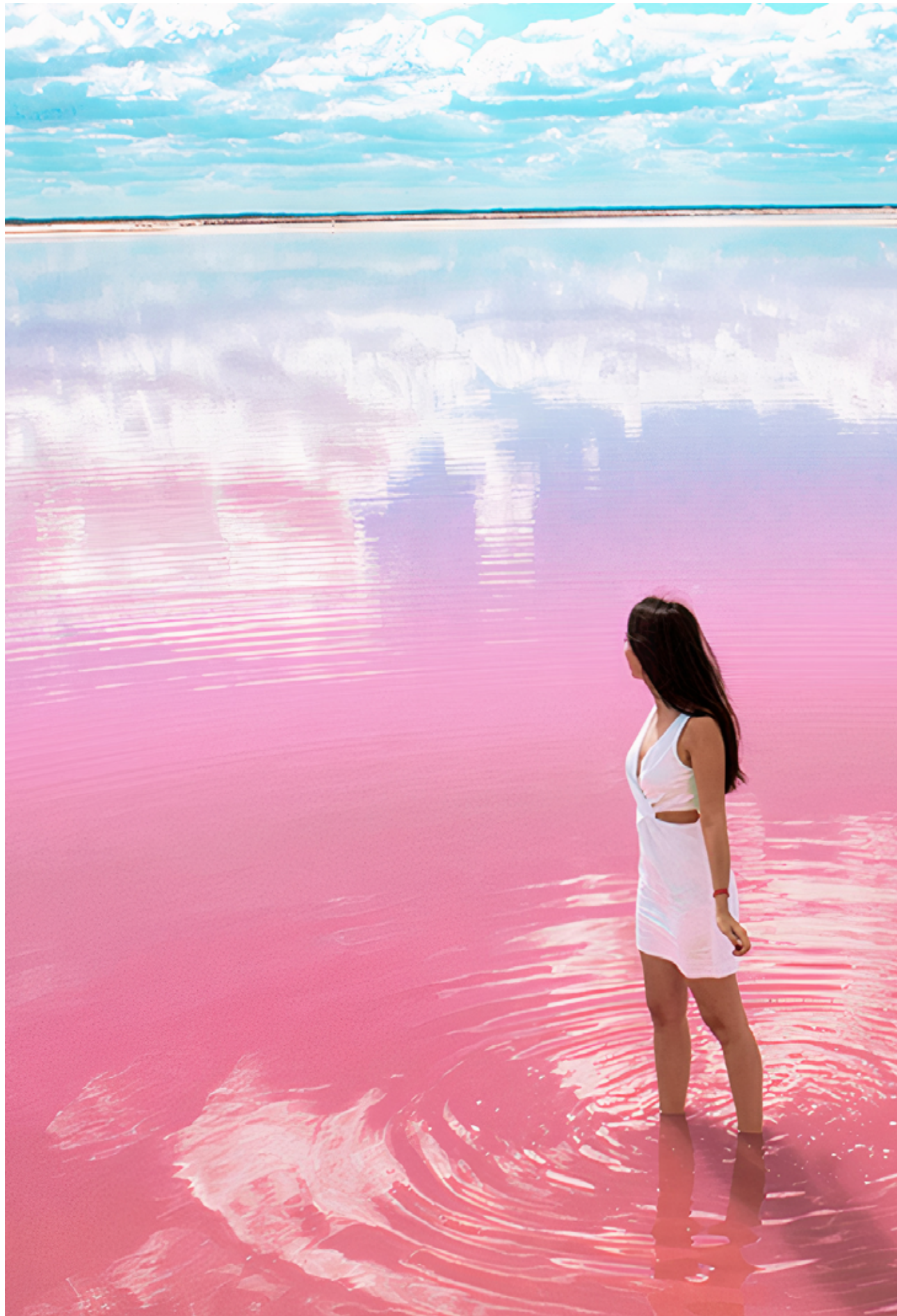
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OUTSIDE ACTIVITIES

A range of outdoor activities awaits at Chablé Maroma. From exploring nearby cenotes to snorkeling in crystal clear waters with hidden waterfalls, birdwatching, and yoga on the beach, immerse yourself in breathtaking natural beauty while energizing body and mind.



COZUMEL

For its crystal-clear waters and wealth of marine species in the reef, Cozumel is one of the first touristy destinations where you learn to love the ocean, diving, snorkeling, kayaking, or doing memorable activities such as swimming with dolphins.

HOLBOX

Isla Holbox is an island in the north of Mexico's Yucatan peninsula, in the state of Quintana Roo. It is part of the Yum Balam Biosphere Reserve and is separated from the continent by the Yalahau Lagoon, which houses flamingos and pelicans. The island lies between the Caribbean Sea and the Gulf of Mexico, with waters rich in marine fauna, such as sea turtles.

LAS COLORADAS

The pink color of the waters in this place gives the town of Las Coloradas one of the most amazing landscapes that can be seen around the world. The color of its waters can be lighter or stronger depending on the sun's intensity

ISLA CONTOY

Isla Contoy is a tiny Mexican island 5.3 miles in length with a surface of 783 acres, located 18.6 miles north of Isla Mujeres. It has been a protected natural reserve since 1961 and is described as the most important nesting place for seabirds in the Mexican Caribbean. On this island, we can admire 152 seabird species.



CENOTE MANATI

The Cenote is easily accessible and has a depth of 19.7 feet; its waters are transparent with a blue hue, where you can enjoy beautiful scenery, coral reefs, as well as rock formations and cracks in the limestone from which you can admire a variety of natural lighting effects.

CENOTES

It is a natural freshwater pond supplied by an underground river. These ponds have formed in numerous places on the Yucatan Peninsula as a result of soil erosion and were very sacred to the Mayans.

LAGUNA KAAAN LUUM

Sometimes we don't like sharing everything, because some places are so nice that we don't want many people to know about them. Kaan Luum Lagoon is one of those. This lagoon is a beautiful place just south of Tulum. We know many of you won't be able to go due to its location, and you might already be busy with other tours and attractions, but for those looking for unique places, we just had to share this site with you.

BACALAR

The Bacalar Lagoon is popularly known as the lagoon of seven colors because the water has seven distinct shades of blue due to different depths. There are three different cenotes within the area, whose waters overflow and supply the single lagoon. With a narrow and long shape, it is 26 miles long and only 2.5 miles at its widest point.



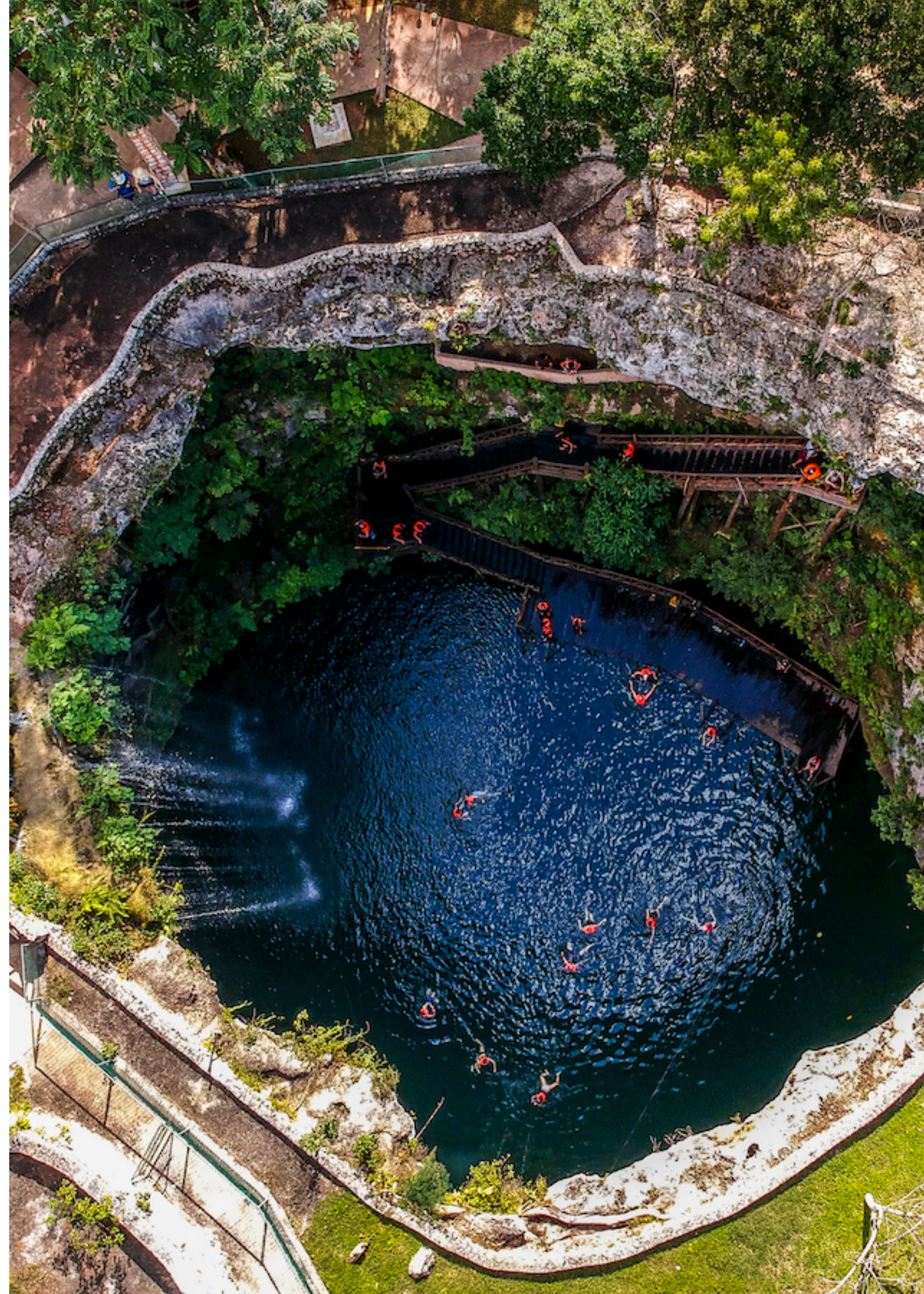


DOS OJOS

Its name is due to the fact that two short caverns connect two cenotes. With a depth of 56 feet, surrounded by stalactites and stalagmites, it is considered one of the longest underground caverns where you can snorkel and admire rock formations, fish fossils, shells, and sea snails, among other things.

GRAN CENOTE

It has a characteristic half-moon shape and is suitable for everyone, as it consists of shallow areas where you can practice snorkeling without difficulties. You can also dive in other areas with depths of up to 33 feet, a feature to consider if you are an expert diver.





MAYAN RUINS

Surrounding ancient Mayan ruins offer a glimpse into the region's rich cultural heritage. Visitors can explore the impressive pyramids and temples, marvel at intricate carvings and discover the fascinating history of this advanced civilization. A visit to these awe-inspiring ruins is a must for any history or culture enthusiast.



CHICHÉN ITZÁ

The most impressive structures of Chichén Itzá are located in the central area. There, you will find the ball game, the temples, the spectacular Castle (known as the Pyramid of Kukulcán), and the Mayan calendar stone that measures 82 feet. Toltec warriors are depicted in the engravings around the entrance at the top of the Castle. The local guides will provide detailed information about Chichén Itzá and even take you to a Sacred Cenote.

COBÁ

Cobá is a large ruined city of the pre-Columbian Mayan civilization located in the state of Quintana Roo, Mexico. It lies about 56 miles east of Chichén Itzá, roughly 25 miles west of the Caribbean Sea, and 27 miles northwest of Tulum, where a modern road connects the two.





TULUM

Tulum is an ancient Mayan port city that was supported by up to 1000 residents before the arrival of the Spanish. The tropical beach in the background is the main attraction of this small, picturesque, and much-visited small ruin on the coast of the Caribbean Sea.





NATURAL PARKS

Close to Chablé Maroma, visitors can visit Xcaret, Xenses, and Rio Secreto to discover the beauty of the region while having a ton of fun. These parks showcase the lush jungle, crystal clear waters and diverse wildlife of the area, providing an unforgettable experience for nature lovers and thrill-seekers alike.





XCARET

Xcaret is a natural park in Playa del Carmen where you and your family can experience Mexico through more than 50 natural and cultural attractions. Swim in underground rivers that flow from the heart of the earth. Get up close and personal with the inhabitants of the aviary, the coral reef aquarium, and the butterfly pavilion. Also, enjoy delicious Mexican and international cuisine, discover Mayan ruins, and be thrilled by the incomparable Xcaret's "Mexico Spectacular" show.

RÍO SECRETO

Come with us on a magical journey through the crystal museum that is Río Secreto, where the history of our planet is written in countless geological formations. A place that will change your life forever as you float in its clear, fresh water. Río Secreto could very well be one of the world's greatest wonders. Experience this stunning underground river with thousands of dramatic stalactites and stalagmites; it's like stepping back in time to witness something mysterious and truly spectacular.

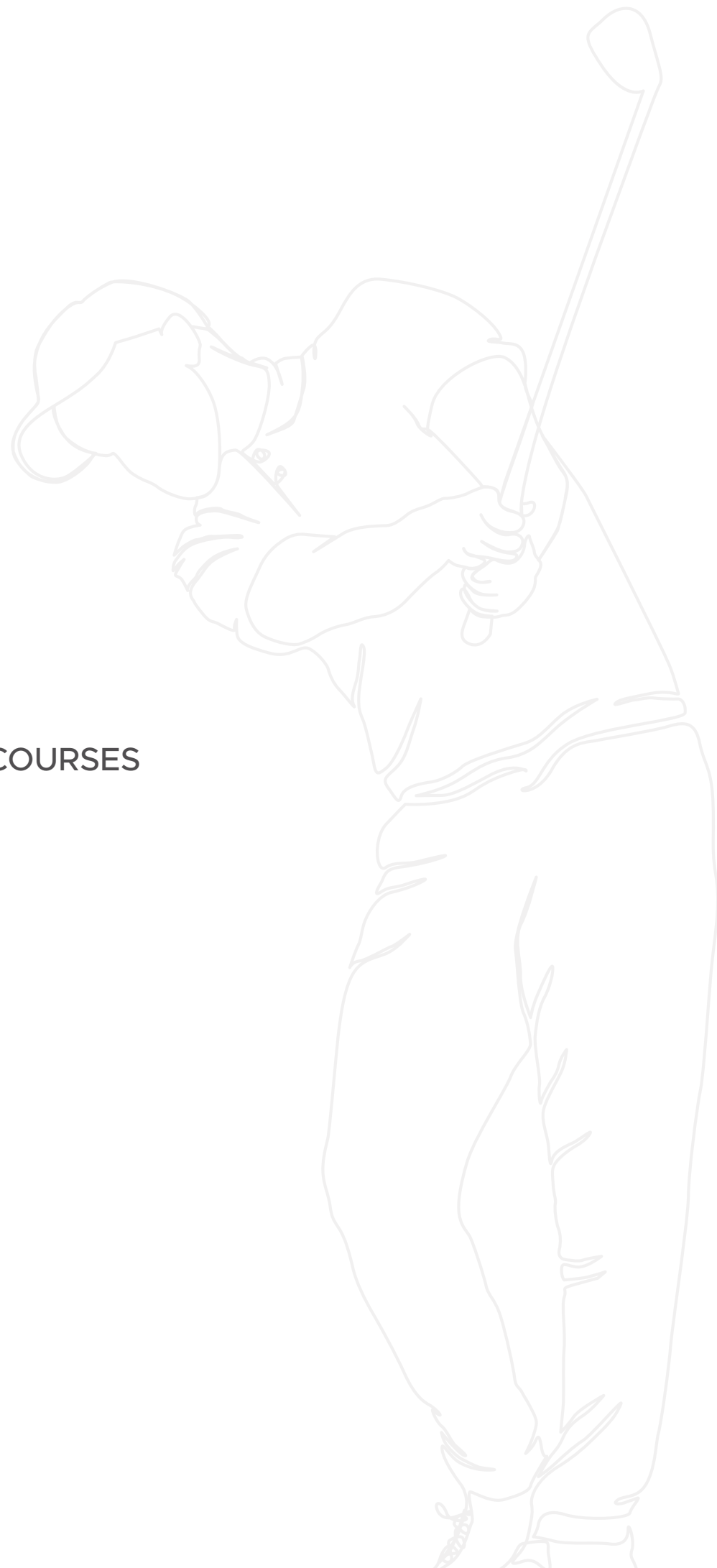
XENSES

Xenses is an extraordinary park where you will experience sensations you had never imagined, challenging all your senses through multiple and fantastic scenarios. It promises hours and hours of laughter, fun, and unique moments.





GOLF COURSES



Chablé Maroma offers guests the opportunity to experience golf at its finest. With challenging courses set amidst the lush tropical vegetation, golfers can enjoy a round of golf while taking in the staggering beauty of the region. Whether a seasoned pro or a beginner, the courses at Chablé Maroma offer a truly unforgettable golfing escapade.



GOLF COURSES

FASCINATING. ENIGMATIC. CLEVER.

A masterpiece as unique as its creator, the legendary and world-renowned Australian golfer Greg Norman, features three diverse ecosystems: the tropical Mayan jungle, mangrove wetlands, and the beach. The 7,024 yards par 72 layout plays along several miles of crystal-clear freshwater canals surrounded by mangrove and limestone walls. The course boasts two ocean holes with astonishing views of the turquoise waters of the Mexican Caribbean Sea and Cozumel Island.

Course Specifications

Opened June 2006
Holes: 18
Par: 72
Rating 74.8
Slope 139
Paspalum grass
Carts: Club Car Precedent
Rental clubs: Taylor Made
Junior player
Clubs rental
Rider car free

07:00 – 10:20 h.
10:30 – 11:50 h.
12:00 – 14:00 h.

Please contact our Guest Service Team
or dial “0” from your villa for further
information.



THE SPA EXPERIENCE

Chablé Maroma offers an unparalleled spa experience, immersing guests in a serene and luxurious atmosphere. The spa combines ancient wellness traditions with contemporary indulgences to create a rejuvenating and indulgent escape.





ETERNAL ROMANCE

Take a moment to renew the spirit of your love. This ritual begins with a foot bath that symbolizes rejoining the path as a couple and continues with a 90-minute tailor made massage. To conclude, we pour tempered oil over the third eye to deliver optimum relaxation and follow it with a soothing scalp massage.

YA'AXCHE FOREST AWAKENING RITUAL

Every tree tells a story, eloquent and engaging to the imagination. Trees symbolize the interconnectedness of life and the interwoven web of everything. In this Chablé signature ritual, we draw nourishment and support from trees in order to create positive change in your body, mind, and soul. In the image of a tree, there is a hidden part, the roots, and a visible part of the tree, the branches. This ritual is designed for inner calm in the nervous system, and to awaken the energetic body and creative spirit.

NATURE'S WISDOM RITUAL

This beautiful ritual offers a celebration of nature by adorning our guests with herbal preparations, floral elixirs, and traditional remedies from the Mayas. Initiating with a specialized skin enhancement from a mix of clay, coffee, and tobacco to exfoliate and nourish the skin, the treatment includes a mix of flower petals and oils of arnica, rosemary, and laurel to create an aromatic blend that eases the pain, reduces inflammation, and adds deeply penetrating micronutrients.

SOUND OF THE SEA RITUAL

This beautiful ritual offers a celebration of nature by adorning our guests with herbal preparations, floral elixirs, and traditional remedies from the Mayas. Initiating with a specialized skin enhancement from a mix of clay, coffee, and tobacco to exfoliate and nourish the skin, the treatment includes a mix of flower petals and oils of arnica, rosemary, and laurel to create an aromatic blend that eases the pain, reduces inflammation, and adds deeply penetrating micronutrients.





RESTORATION MASSAGES AND BODY THERAPIES

Chablé's restoration massages and body therapies are designed to pamper and rejuvenate. Blending ancient techniques with modern indulgences, our therapists expertly tailor each treatment to soothe tired muscles, release tension and leave you feeling refreshed and revitalized.





CHABLÉ HOLISTIC MASSAGE

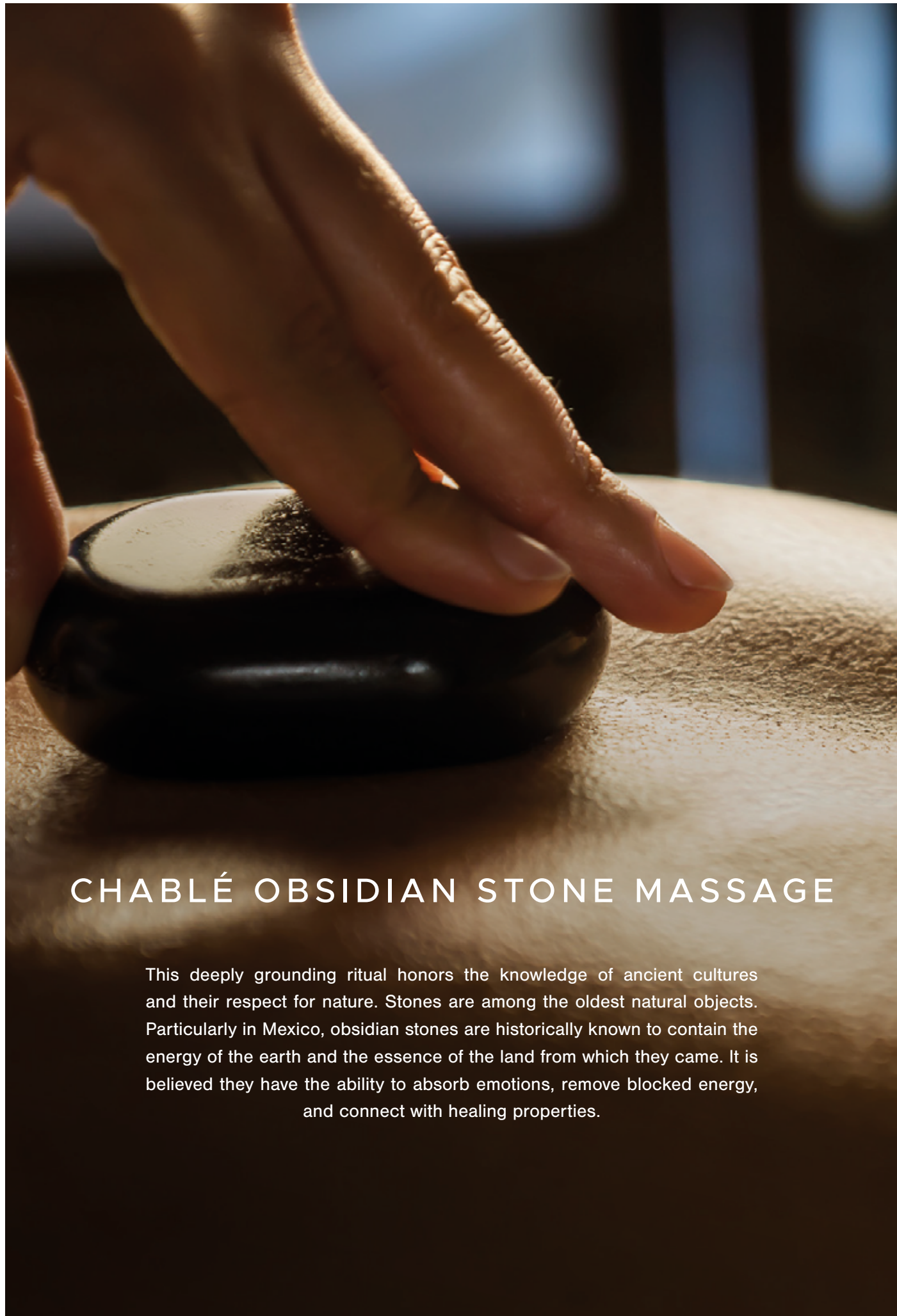
Purifying, Balancing, Transforming

This deeply relaxing and restorative treatment incorporates mindful touch, stimulating movements to increase circulation, deep tissue massage to wring out tension, and long connective strokes to provide a uniquely integrative experience. We use pressure to sculpt and contour, tonifying techniques, and smooth transitions to calm and unwind the body, with the use of aromatherapy to re-boot the mind and transform stress into balance.



CHABLÉ SPIRALING SEA MASSAGE

Purifying this incredibly relaxing treatment goes beyond a traditional lymphatic massage by combining the principles of rhythmic rocking, gentle spiraling movements, and specialized flowing strokes to encourage release and leave your body feeling revitalized, renewed, and rejuvenated.



CHABLÉ OBSIDIAN STONE MASSAGE

This deeply grounding ritual honors the knowledge of ancient cultures and their respect for nature. Stones are among the oldest natural objects. Particularly in Mexico, obsidian stones are historically known to contain the energy of the earth and the essence of the land from which they came. It is believed they have the ability to absorb emotions, remove blocked energy, and connect with healing properties.



HERBAL COMPRESS MASSAGE

Transforming experience the healing effects of a deep therapeutic massage in this intensive treatment designed to relax sore muscles, loosen stiff joints, and melt away tension. Traditional herbal compresses are used to dissolve aches and strains, while a trigger point massage and myofascial release are applied to specific areas to soothe tension and stiffness.

SOUND OF THE SEA RITUAL

Balancing this beautifully balancing treatment reflects life's constant swing between polarities and the natural movement between thinking and feeling, waking and sleeping, and acting and resisting. This pendulum swing keeps a dynamic balance, creating inner calm and stability.



CHABLÉ STRESS RELIEF

A unique massage sequence designed to work on the specific zones with the highest accumulation of stress: the back, shoulders and neck, dissolved tension and achieving a profoundly relaxed state of being. Utilizing the best of nature's pharmacy—Arnica, Sweet Birch and Magnesium—this intensive enhancement is designed to quickly help relieve pain and tightness in muscles, tendons, and stiff joints.

CHABLÉ HEART CENTERING

A beautiful sequence of healing energetic massage to open and release emotional tension, tonify and strengthen the circulatory system, and restore balance and energy just in the area where we balance between mind and body. The treatment is gentle, relaxing, and powerfully healing.

BALANCING REFLEXOLOGY FOR HEAD, HANDS, AND FEET

A beauty treatment that embodies the Tree of Life in us by addressing the whole body and inner nature through the feet, head, and hands. We begin with an herbal footbath to ground the body's energy and connect us to the physical world through reflexology points and a warm volcanic mud treatment.



CHABLÉ AROMATIC ANOINTMENT

The Chablé Aromatic Anointment is a profoundly restorative treatment, perfect as a stand-alone experience or as a beautiful and meaningful way to finish any other treatment. Imagination, intuition, and inspiration are characteristics of a body and life in balance. By design, we are meant to sway between stress and relaxation, and wellness can be achieved by silencing the active mind, allowing the perceptive mind to take over.





BIO-ENERGYLIFT™ REMINERALIZING FACIAL

This luxurious treatment delivers instant skin rejuvenation by accelerating cellular respiration, bringing fatigued, over-stressed skin back to life. Skin becomes re-energized with the Energize & Firm Collection—a blend of a Copper and Amino Acid Complex, peptides, vitamins, and minerals to firm, lift and revitalize the skin.

CHABLÉ HOLISTIC FACIAL

This individually tailored facial takes into consideration your skin's personality, customizing your regimen and allowing beautiful skin to come through. Your facial begins with a rich Manuka Honey cleansing balm to help stimulate circulation and relax the muscles of the face, neck, and shoulders. Your therapist will adapt the facial with products and techniques guided by your skin's unique needs, drawing from an extensive range of naturally active ingredients. This sophisticated treatment builds on the 21st-century wellness philosophy to create a highly effective and transformative experience, both on the surface and beneath it.



SHORT AND SWEET INDULGENCES

Experience dramatic results with this skin conditioning treatment designed to address inflammation, the primary cause of premature aging. The session begins with an exfoliating treatment to sweep away dead surface cells and impurities, followed by a layer of our Plant Stem Cell Booster Serum, which is clinically proven to improve the appearance of fine lines and wrinkles, radiance, smoothness and firmness.

PURE RESULTS FACIAL

A personalized choice of beautifying add-ons to enhance your body and skin's natural radiance. Options are presented at the time of the facial.

GUIDED MEDITATION

Meditation is a means to connect with yourself, inquire into your true nature and help manifest it. In guided meditation, you can have the confidence to go deep inside, let go of the daily routine and concerns, and embrace silence, peace, and inner light.





ENERGETIC SOUND AND STONE CLEANSING

“Music unites all qualities, but its principal task is to lead our thoughts to higher things, to elevate, even to make us tremble. Musical art often speaks in sounds more penetrating than the words of poetry and takes hold of the most hidden crevices of the heart. Song elevates our being and leads us to the good and the true.”

– Friedrich Nietzsche

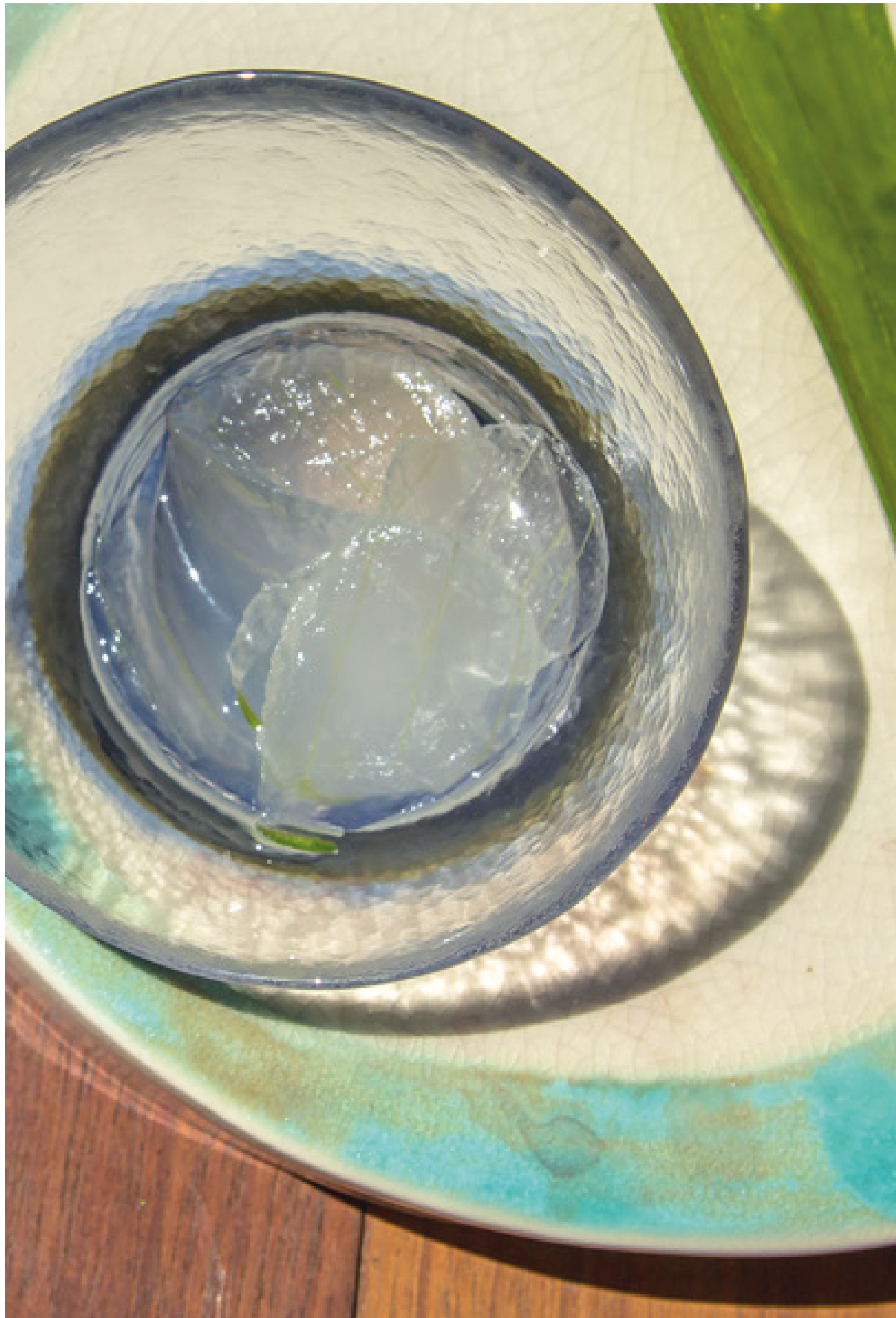
The powerful vibrations and tones of singing bowls, chimes, and crystals are at work in this transformative treatment. The experience cleanses the energetic and physical bodies, emotional blockages, and negativity, restoring and elevating us to the true essence of each.



LIFE BALANCING & REPAIRING BODY TREATMENTS

Chablé Maroma offers a holistic approach to repairing and rejuvenating the body through our body treatments. Our therapists expertly blend ancient techniques with contemporary indulgences to promote physical, mental, and spiritual harmony, leaving you feeling refreshed, revitalized, and reinvigorated. Experience the ultimate in holistic renewal at Chablé Maroma.





COCO SKIN TREATMENT

This deliciously-refining treatment, rich in antioxidants and the nourishing oils of coconut, clove, and vanilla, consists of a luxurious exfoliation and a tension-melting massage with warm coconut compresses. This whole-body treatment is intended to indulge and delight the senses while deeply moisturizing, replenishing, and relaxing your skin.

MAROMA SEA SALT SCRUB

Mineral-rich sea salts hold the healing qualities of seawater and provide a means to rehydrate and regenerate the skin. These salts are blended with rosemary and citrus essential oils to stimulate circulation and slough away dull or dry skin.

RELIEF FOR TROPICAL SKI

This wonderfully soothing and cooling treatment is a welcome relief from sun or heat exposure. Natural plant extracts, well known for their healing and restorative effects, are applied to benefit dehydrated or sunburned skin.

ENRICHED MINERAL MUD BODY TREATMENT

This deeply detoxifying, exfoliating mud scrub blends traditional remedies to cleanse and replenish the skin.



SPIRITUAL MENU

Spiritual practices are integrated into every aspect of the guest experience, fostering a sense of inner peace and holistic well-being. From meditation and yoga to ancient healing rituals, our offerings nourish the mind, body, and soul, allowing guests to emerge refreshed, renewed, and rejuvenated. Come and discover a journey of spiritual rejuvenation at Chablé Maroma.





TEMAZCAL RITUAL

For an authentic Mayan cleansing ritual, enjoy the Temazcal, a purification ceremony connected to the energy of the universe, the phases of the moon, and the elements of life—air, fire, earth, and water. Guided by a Mayan shaman, the ritual begins with a healing herb infusion poured over heated volcanic stones to create an aromatic steam. The steam, together with the sound of traditional drums and chants, helps you connect with your inner self, producing a sensation of total cleanliness, tranquility, and peace. Private sessions are available, perfect for sharing with your soulmate as part of a wedding ceremony, honeymoon, anniversary celebration, or integration.

SPIRITUAL THERAPY

It is a process of re-establishing the energy, in which all the elements of Traditional Mexican Medicine are implemented to liberate subtle, ancestral, and actual energies. During the treatment, all the elements needed by the person's soul are used to remove mental blockages and balance the spirit.

MAYAN WEDDING CEREMONY

This Mayan ceremony is the best way to renew love and extend good wishes to the couple. It is performed and guided by our Shaman, who, following the traditions, asks permission from the universe and the four cardinal points to bless the couple's union with peace, love, well-being, and abundance.

READING OF THE ORACLE

Through the reading of the Mayan Calendar's glyphs, this experience will guide you on your journey of intimate questions and mystical answers. The Oracle is a way of channeling the energy of life, done with messages handed down by our ancestors through the lecture of cards in the cosmic spiral of Sacred Energy.

TEMAZCAL CEREMONY

The ceremony of the Temazcal is one of the most ancient rituals to purify our body, mind, and spirit. It uniquely connects the participants with the elements of mother nature by entering the "Mother Earth's Womb," where a process of revival through healing all wounds and conceiving a new attitude towards life takes place.



FITNESS MIND & BODY

We prioritize the fitness of both mind and body, offering a variety of wellness experiences to promote holistic health. Whether it's through yoga, fitness classes, or rejuvenating spa treatments, guests are encouraged to nurture their physical and mental well-being in a serene and luxurious setting. Embrace the journey of self-discovery and rejuvenation at Chablé Maroma.





AWARENESS

ENERGETIC BREATHING PRACTICE

Based on our guests' opinion, it has become one of Chablé's favorite activities to start the day. Improve your well-being, become conscious of your breath, and learn to bring awareness to the present moment.

ACTIVE MEDITATION

Achieve inner peace, anchor yourself, and become aware of your body and mind while walking and appreciating nature.

TEMAZCAL CEREMONY

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KIDS MEDITATION

Kids will achieve the connection between body and mind through this playful practice.

BALANCE

HATHA YOGA

Achieve balance between mind and body with this physical practice.

VINYASA YOGA

Let the healing energy of the beach inspire your practice toward a flowing state of being.

ASHTANGA YOGA

Detoxify your body and mind by working through a different series of movements.

*These activities are not complementary.

Please contact our SPA Team for more information.

YOGA PARA NIÑOS

Kids will bring awareness to their mind-body connection by doing yoga poses.





FITNESS CENTER

We prioritize the fitness of both mind and body, offering a variety of wellness experiences to promote holistic health. Whether it's through yoga, fitness classes, or rejuvenating spa treatments, guests are encouraged to nurture their physical and mental well-being in a serene and luxurious setting. Embrace the journey of self-discovery and rejuvenation at Chablé Maroma.





FITNESS CENTER

Chablé SPA offers a wide variety of fitness programs and activities to support your regular workout routine or help you develop a new one. The Fitness Center has state-of-the-art Technogym equipment to build strength, stamina, and resilience. In addition, the SPA facilities are equipped with steam, vitality pools, men's and women's locker and changing areas, and SPA amenities with a great selection of healthy snacks.

WELLNESS AND FITNESS CLASSES

Our instructors are experienced, mindful fitness professionals available for regularly scheduled group classes, including yoga, strength training, pilates, and meditation. Private training sessions are available by appointment. Please inquire at the SPA's Reception for current Fitness and Mindfulness class schedules or to set up a private training session.



INCLUDED ACTIVITIES

Chablé Maroma offers a wide variety of activities, including , water sports, excursions, land sports, and live entertainment, for the enjoyment of its guests.



INCLUDED ACTIVITIES

PADDLE BOARD

Start with a prep class to learn how to handle the board and the paddle. It will be a rewarding challenge worth sharing with your family. We greatly appreciate your signing up for the programmed activities with our Guest Service Team.

KAYAK

Relax by sailing in calm waters through a route of great beauty and natural value. Take some time to immerse yourself in this unique natural paradise.

CHI CHIS RECIPES

Come and learn some cooking secrets from our Mexican grandmothers, “Chi-Chi,” as we fondly call them in this region. The guided class is limited to a group of 6 people. Please reserve a spot with our Guest Service Team or dial “0” from your villa.

Meeting point: Kaban Restaurant

COCKTAIL CLASS

Learn how to prepare classic cocktails with our mixologist. The guided class is limited to a group of 6 people. Please reserve a spot with our Guest Service Team or dial “0” from your villa.

Meeting point: Raw Bar

WATER CEREMONY

Water’s healing benefits have been appreciated for centuries since ancient times. Join us and experience the health benefits of this practice.

Meeting Point: SPA.

NON INCLUDED ACTIVITIES

SNORKEL REEF TOUR

Visit the second-largest barrier reef in the world, which lies right in front of Maroma. Enjoy swimming in the beautiful Caribbean waters and exploring the coral reef. The ocean calls you to experience its beauty. Please make your reservation with our Guest Service Team at least 24 hours in advance.

WINE TASTING

Experience a journey through Mexico with our unique selection of wines. The tasting is limited to a group of 6 people. Please reserve a spot with our Guest Service Team or dial “0” from your villa.

Meeting point: Bu’ul

DIVING

Imagine the thrill of immersing yourself in a natural space surrounded by amazingly colorful reef formations, marine life, and diverse fishes. Please note that you need a valid diving certificate to enjoy this great experience. Please contact our Guest Service Team for more information, as reservations are subject to availability.

AGAVE SPIRITS TASTING

Taste different kinds of agave spirits from all over Mexico with the guidance of our specialist. Please reserve a spot with our Guest Service Team or dial “0” from your villa.

Meeting Point: Bu’ul.

PRIVATE DINNER

We create unique and private settings in our different stages, where guests can disconnect from their daily routines while enjoying our culinary proposal and a great selection of wines and spirits. Please contact our Guest Service Team or dial “0” from your villa for further information regarding prices and menu options.

COOKING CLASS

We invite guests to discover fresh, seasonal, local, and seafood products, cooking under our Chef’s guidance and enjoying the resulting meal at a special table. Guests will learn different ways to cook fresh grilled fish, ceviche, and healthy food. Please reserve a spot with our Guest Service Team or dial “0” from your villa.Meeting Point: Kaban.

Please contact our Guest Service Team for more information.



