



WELLNESS RETREAT

RADIANT, RADICAL RICHNESS

SARAH VIE



MARCH 24 & 25TH

Join a transformational 3-Day retreat held on the lush property of Chablé Maroma, Mexico.

Sarah Vie is internationally known for guiding her guests through experiential exercises that cut the chords of the past through a ritual of cleansing the mind, body, and spirit from ancestral patterns known to block the body's energy centers.

Inclusions:

- * Two-night accommodation
- * Daily non-alcoholics & meals based on recipes designed to heal and balance the Chakras
- * Daily Wellness activities and workshops designed by Sarah Vie
- * Retreat starting from USD \$789.

RATES

STARTING FROM

\$2,998 USD

per room, based on
Double Occupancy

Full experience rates including accommodations, meals,
all workshops, and program activities.

\$2,229 USD

per room, based on
Single Occupancy

**WEEKEND
PASS**

Without lodging

Meals included \$789 USD
per person

Terms and conditions

Full prepayment required, non-refundable | Limited spaces available

FOR RESERVATIONS:

reservations@chablemaroma.com | US and Canada 1 844 5 627 662 | Mexico +52 (998) 387 0044

www.chablehotels.com

AGENDA

Sarah Vie



FRIDAY 24TH

CLEARING ANCESTRAL PATTERNS

8:00 AM:

Beach intention setting and release ritual. Sound bowls / Mayan prayer ritual

09:00 AM

Breakfast: Healing foods for the Chakra

10:00 AM - 12:00 PM:

Experiential exercises to uncover your deepest desires. Clearing through chord cutting into creating with the wheel of life with Sarah Vie

12:30 PM - 1:30 PM:

Lunch served

2:00 PM - 4:00 PM:

Manifesting by creating a magnetic vibration & calling in your desires with Sarah Vie

6:00 PM

Honouring the Chakras with healing foods at the beach / Moon dinner celebration

SATURDAY 25TH

AWAKENING YOUR BEST SELF

08:00 AM

Yoga class at the beach

09:00 AM

Breakfast - Honouring Chakras - Healing Foods

11:00 AM

Water ceremony for 45 minutes at the SPA

12:00 PM

Signature massage treatment at the SPA for 60 minutes

01:00 PM

Lunch served 1 PM and final parting celebration 2hrs Bu'ul

03:00 PM

Book signing with Sarah Vie / Warm Farewell.